

## About the Course

On this highly interactive 2-day program, you will learn the essential skills and techniques to thrive in cross-team environments and establish strong connections with colleagues from diverse backgrounds. The focus is on building trust, enhancing communication, and fostering collaboration in your own team and in settings where you may be working with individuals from different teams. Through a mix of engaging activities, insightful discussions, and practical exercises, you will:

- Develop a deeper understanding of team dynamics and the power of cross-team collaboration.
- Hone your communication skills, including how to effectively communicate with colleagues from various departments.
- Acquire strategies for conflict resolution and problem-solving in diverse teams.
- Gain hands-on experience in working together with participants from different teams through teambuilding and group projects.
- Forge lasting connections and expand your professional network.

This is an opportunity to grow as a professional and contribute more effectively to your organization's success

## <u>Activities</u>

## Day 1: Building Trust and Connection

- Welcome and Introduction
- Icebreaker
- Team Building Principles and the Power of Cross-Team Collaboration
- Roles within teams
- Trust Building Activities
- Effective Communication in Cross-Team Environments
- Communication Workshop and Role-Playing
- Feedback within a team
- Feedback and Reflection



## Day 2: Collaboration and Problem Solving

- Recap and Energizer
- Clarity of roles and responsibilities
- Goal alignment
- Time management and accountability
- Cross-Team Problem-Solving Challenges
- Conflict Resolution Workshop and Case Studies
- Appreciating others